



## Making Menschies: A Periodic Table Questions to Consider

### Organizational Visioning

- Which character traits does our camp help develop in campers? In staff? How is this accomplished?
- Are there any traits listed that we would like to highlight more intentionally, to develop, or to reward in our camp community?
- How can we use them to improve our community?

### Personal Development for Staff and/or Campers

- Which character traits listed are my strengths? Are they in one particular “family” or are they spread out?
- What character traits would I like to develop or strengthen over the course of the summer? What are some steps I can take to develop those character strengths?
- Are my strengths the same at both home and camp? If they are different, why is that?
- Sometimes people have a fixed mindset (when I think I can’t change who I am), and other times people have a growth mindset (when I believe I can change and improve things about myself). Is there an area in my life that I want to change but have a fixed mindset about, like “I’m not good at sports,” or “I just can’t do math”? Can I think of a way I can use my character strengths to improve in that area?
- Do I believe I can affect other people’s character strengths? Can character be contagious?
- Who do I admire, and why?

### Then the fun begins.

#### How can you or your staff turn these ideas into a program or initiative at camp?

- Organize special activities or weekly themes revolving around key character strengths
- Find figures in Jewish history who demonstrate particular character strengths
- Set team goals as a staff
- Develop identity goals as a bunk
- Determine a tangible way to acknowledge when a camper or staff member exhibits a particular strength
- The possibilities are endless! Brainstorm away!

Don’t forget to share the results! Email Rabbi Avi Orlow at [avi@jewishcamp.org](mailto:avi@jewishcamp.org).